



**An Oasis Program for people affected by early dementia.**



Every Monday, Wednesday, Friday

**ACTIVITIES INCLUDE:**

- *Art Classes*
- *Woodworking*
- *Nature Strolls*
- *Cognitive/Physical Exercise*
- *Music Therapy*
- *Entertainment*
- *Discussions on various subjects*

Every Tuesday and Thursday we will be hosting private workshops between 10-4PM. Each team is based on a 4-person attendance.

Each day will start over coffee in Sea Captain Foster's Café & Bistro, followed by cooking activities and talk time until lunch. Lunch will be served at noon and followed by an afternoon program in the Heritage Barn. Workshop programs will be geared to **individual needs** and **renewal of purpose**. Programs are tailored to individual abilities and interests and teach adaptive skills: Subjects are based on members interests, news, reading, movies with discussions.

**Rules and Policies:**

COVID and Infectious disease precautions: *Each guest undergoes an intake questionnaire. COVID vaccination required.*

General: *Each Oasis program only has 4 participants. We are a non-medical facility and anyone requiring assistance will need to be accompanied by a caretaker.*

Certifications: *All staff have received a specialized COVID certification and are trained in the DICE Approach.*

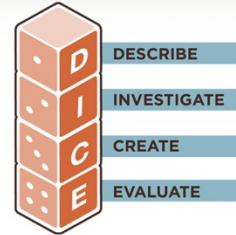
*Our approach is based on the DICE approach: A method that represents a simple but systematic method for understanding, assessing and managing behavioral and psychological symptoms in dementia (BPSD). DICE is an adaptation of the reasoning process used by dementia behavior experts and numerous research trials involving behavioral management skills training for family caregivers. Dr. Helen C. Kales, a board-certified, fellowship trained geriatric psychiatrist.*

# Oasis

BREWSTER  
WORKSHOP

**LET OUR  
FAMILY  
TAKE CARE  
OF YOURS**

The Oasis Program is designed to help those affected by dementia. Our staff uses the DICE approach by Dr. Kale from Stanford University



## INFORMATION:

✉ [info@oasisbrewster.org](mailto:info@oasisbrewster.org)

## REGISTRATION:

☎ (508) 273-2224

✉ [workshops@oasisbrewster.org](mailto:workshops@oasisbrewster.org)



## COST:

**\$100**

per week/  
\$400 per month

## WHEN:

*Tuesdays  
&  
Thursdays*  
**10 AM - 3 PM**

## WHERE:

Sea Captain Foster  
Homestead  
1222 Stony Brook Road  
Brewster, MA 02631

COVID PRECAUTIONS WILL BE IN PLACE FOR ALL PARTS OF OUR PROGRAM  
- SCHEDULE IS SUBJECT TO CHANGE -